

My World

JESSICA CLARKE, *jeweller extraordinaire and owner of THE BEAD BOUTIQUE in Long Melford, reveals all those things she can't live without...*

My OTHER HALF

"Without the other half I would never have dived in and started my own business. He was and still is incredibly supportive, so I owe a lot to Patrick!"



The Bead BOUTIQUE

"Running your own business is harder than I thought, but I wouldn't change it for the world – playing and making jewellery everyday? Who am I to complain?"

The Bead Boutique, Aerial House, High Street, Long Melford. Tel: 01787 464909. For more information visit www.thebeadboutique.co.uk.

My WEDDING DRESS

"Of course no names or styles mentioned, but it's all I can think about, as this month I go for my first dress fitting!"



COME DINE with me

"I'm a bit of an addict – I'm usually found curled up on the sofa watching a repeat episode – it's my bit of 'me time'."



White ZINFANDEL



"My most favourite of all rose wines, there's nothing better than finding a cold bottle of this in the fridge!"

Bombay Bicycle CLUB

"If I need a pick me up I listen to Bombay Bicycle Club's Ivy & Gold. Don't ask me what the lyrics are, I just love the beat!"



YSL Mascara

"I love the thick brushes YSL use; you won't see me leave the house without it!" *YSL products are available at Debenhams, The Grafton, Cambridge and arc shopping centre, Bury St Edmunds*



Abbeygate CINEMA

"I like to snuggle up and watch a movie, so Abbeygate Cinema in Hatter Street, Bury St Edmunds is where we head to. It's so cosy and their seats are uber comfortable!"

Abbeygate Picturehouse, Hatter Street, Bury St Edmunds. Box Office Number: 0871 902 5722,

bury@picturehouses.co.uk



Olive BREAD

"Carbs are my enemy, but this is so worth the trauma. Dunk a chunk in olive oil and balsamic vinegar – yummy!!"



The SALTHOUSE



"Part of the Angel Hotel Group in Bury St Edmunds, The Salt House on Ipswich Harbour is my favourite place to dine. It's also where Patrick proposed, so it's very close to our hearts!"